

FIND OUT HOW  
10  
things in  
10  
places



Head on an educational tour and find out how it's made:

- healthy candy • flour and groats • cheese • fabric
- beehives • book covers • ceramic dishes • candles • face cream • jewellery

## 1. How healthy candy is made...



How to make delicious and healthy sweets from fruit and vegetables? You will find out while visiting ABRA sweet factory with Ilva and Līga. They make natural sweets and snacks: marmalade from berries and juices, vegetable balls and sugar free bars, sweet and salty seed crackers. Here carrots, beets, pumpkins and squash are honoured as they become sweets and snacks. In the creative workshop you will be able to make two kinds of sweets yourself: nettle marmalade and candy from dried fruit and vegetables.



**ABRA sweet factory**

SIA "Positive Foods", Ilva Kavicka, Līga Kleina

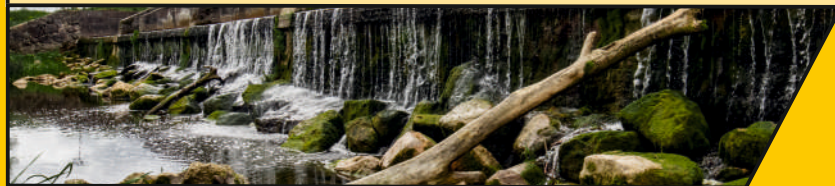
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## 2. How flour and groats are made...



At the old country water mill in the guidance of the host Orvils, you will learn how to grind flour, make groats and pearl barley. You will walk through the historical buildings and see how the ancient equipment functions. Bērze water mill is a historical and cultural monument of great importance. The mill complex with a derivational canal and dam was built in 1863. Nowadays there is also a small hydroelectric power station operating within the mill.



**Bērze water mill**  
Orvils Heniņš

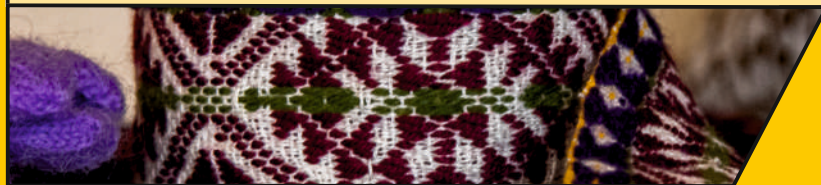
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### 3. How fabric is made...



Thread by thread. Looking at our clothing, we can see that there is a way how the threads are laced together to create fabric. In the studio Auce you will find out how fabric is made on the looms in order to later make skirts, blankets and pillows. Auce folk applied arts studio is the oldest in Dobeles county. As a weaving group the collective has been operating since 1958. Tablecloths, folk costumes, blankets, floor walkways and pillows are woven under the management of Vija, the head of the studio. Weavers' works can be purchased by individual order.



**Auce folk applied arts studio**

Vija Vanaga

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#### 4. How a beehive is made...



Each of us has a home. Bees do as well – they live in beehives. In Ziedkalne, different types of beehives are made to individual orders from beekeepers. You will learn what are the most common beehives among Latvian beekeepers, and how they differ from beehives in other countries. You will see not only the beehives in progress but also those inhabited by bee colonies already. Ziedkalne beehives owner Madars will introduce you to beekeeping and the diverse equipment that is made in this factory. You will be able to taste the already collected honey and make your own honeycomb as well.



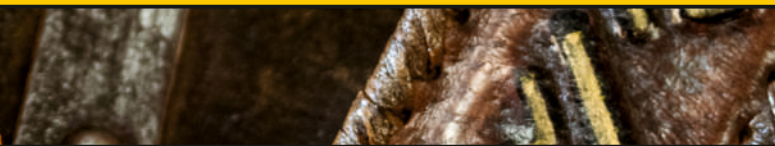
#### **Ziedkalne beehives**

Madars Lasmanis, SIA "ML koks"

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## 5. How a book cover is made...



Leather is a natural material, derived from animals and used to create different leather goods. In her workshop, Saiva mostly deals with haberdashery leather which is soft and flexible and suitable for making different albums, pads and jewellery. When visiting her workshop, Saiva will show you how leather goods are made. She creates photo albums, leather pads, bracelets, phone cases and wallets on order. You will also have the opportunity to make a leather bracelet yourself.



### Leather workshop

Saiva Drupa

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## 6. How ceramic dishes are made...



Here you will discover the difference between factory made and handmade dishes. In her workshop, ceramist Laima creates original and beautiful dishes made out of Latvian clay, English porcelain, and stone mass. Dishes are spun on potter's lathe and that's why each item is uniquely created in different shapes and uses. You will find out how in special wood, electric, cell and gas furnaces cups, bowls and teapots are made. You will also visit the laboratory where the glaze for these dishes is made as well as express your creativity and make an item yourself.



**Laima Ceramics**

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## 7. How candles are made...



Candles are special because they give us warmth and happiness by creating a festive feeling. In her workshop, Kristīne makes natural wax crystalline candles with ice-flower patterns. Candle aroma comes from fragrances made in Latvia. In this candle workshop you will learn about the history of candles, making of them, materials and tips for safe keeping at home. In the creative workshop you will be able to test candle fragrances and make your own floating candle.



**Kristell candles**

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## 8. How face cream is made...



Nowadays the supply of cosmetics is huge. How to navigate within it? It is important that the cosmetics are people and environment friendly. Gusto creams are created with the conviction that everything you need can be found in nature. Creams are made from natural ingredients without added preservatives. They are made in small batches therefore the customers receive natural and fresh cosmetics. While visiting this factory you will learn what ingredients are used in the creams and will be able to make your own facial cream. The cosmetics factory accepts groups of up to 15 people.



**Gusto cosmetics**

SIA "Gusto", Līga Elmane

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## 9. How cheese is made...



On the farm, you can learn the full cycle of work – from milking a cow to the making of butter, sour cream, cottage cheese, yogurt and cheese. The hostess Inga will take you on an educational tour through the farm. She will tell you about the history of making cheese and will reveal different cheese recipes. Kids will have an opportunity to be creative and draw what they see on the farm to receive surprise gifts. At the end of the tour, you will have the opportunity to indulge in various cheese tasting.



Farm "Celmi"  
Inga Celma

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## 10. How jewellery is made...



Jewellery is a trusted companion from young girls to mature ladies. In Lidija's jewellery workshop you will learn about different techniques of making jewellery from various materials such as polymer clay, semi-precious stones, metal, amber, plastic, glass, wood, bone, Swarovski crystals, shells and textile material. You will be able to browse from a large collection of jewellery and purchase what you like. In the jewellery making masterclass you will be able to learn a technique and make your own jewellery as well. Lidija also offers a visit to her self-made museum of Antiquities.



**Jewellery workshop by Lidija Reinberga**

SIA "Pakāpiens", Lidija Reinberga

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Come for a visit  
and see how it's made!



Choose the items or products that you would like to learn more about, plan your own route, contact the owners/hosts at least 3 days in advance and come for a visit!

Tourism route "Find out how it's made" issued within the Leader "Promotion of Local Manufacturers' Competitiveness, Cooperation and Visibility" project Nr.17-00-A019.332-000003, Latvian Country Development Program 2014-2020, "Inter-territorial cooperation" collaboration project.

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